



ISP Therapeutic Pathway

A City & Guilds Assured training programme that develops your therapeutic fostering skills

Stage 1a: Core Grade

Therapeutic Relationships

Learn skills around therapeutic relationships and create a plan for your development.

- Module 1: Reflective Practice
- Module 2: Communication
- Module 3: Self-evaluation

Foster Parent Toolbox Foundations

- Module 1: Trauma
- Module 2: Empathy

After completing 'Stage 1a: Core Grade', you may be eligible to move to Main Grade.

This stage is also mandatory for secondary foster parents approved after 1st Sept 2022, but highly recommended for all.



Stage 1b: Main Grade

Foster Parent Toolbox

The following modules will broaden your knowledge around key challenges and strategies that will underpin your practice.

- Attachment-needling
- Dissociation
- 'The Red Mist' - Anger
- Control
- Difficult Sibling Relationships
- Hyperactivity
- Lying and Allegations
- Sexualised Behaviour
- Self-harm
- Turbulent teenage years

Plus a final workshop to bring all these learnings together. After completing 'Stage 1b: Main Grade', you may be eligible to apply for Senior Grade. You will also receive a City & Guilds certificate.

These courses are recommended for secondary foster parents, especially where relevant to a child in your care.

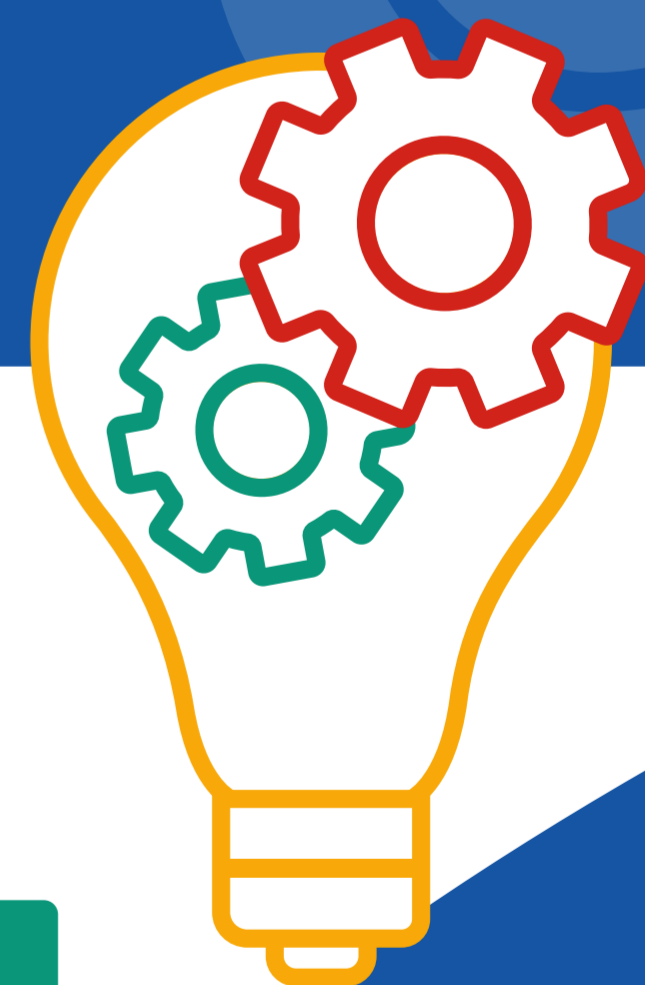
Stage 2: Senior Grade

Application and Integration

Demonstrate your ability to apply learnings into your practice.

- Attachment play workshops:
 1. Play and You
 2. Attachment Play
 3. Play in Practice
- Case study reflective discussion groups
- Support new foster parents through mentoring or facilitating a peer support group

Once 'Stage 2: Senior Grade' has been completed, you will receive another City & Guilds certificate.



Other training

The Therapeutic Pathway sits alongside an entire suite of high-quality training.

Pre-approval training

As part of 'Prepare to Foster', we'll introduce you to reflective practice and therapeutic relationships.

Mandatory training

There are a number of mandatory training courses that you'll need to complete. Some are one-off courses, others may need to be refreshed periodically.

Additional training

Enjoy a variety of optional training courses to boost your knowledge further, including Leaving Care, Internet and Mobile Safety, Speech, Language and Communication, and many more.

Training and allowances

At ISP, our training programme is closely linked to grade progression.

At Core Grade (Newly-approved)

- ☀ Mandatory training
- ☀ Therapeutic Pathway - Stage 1a
- ☀ Additional training courses, including Managing Disclosures, Health of Looked After Children, and Helping Children Succeed at School.

After 2 years of fostering, plus the completion of the above, you may progress to Main Grade.

At Main Grade

- ☀ Mandatory training refreshers
- ☀ Therapeutic Pathway - Stage 1b
- ☀ Additional training according to your needs

In order to progress to Senior Grade

- ☀ Training as above
- ☀ Case study or NVQ3/QCF3 in Health & Social Care
- ☀ 4 years of fostering
- ☀ Registered Manager's approval

At Senior Grade

- ☀ Mandatory training refreshers
- ☀ Therapeutic Pathway - Stage 2
- ☀ Additional training according to your needs

Want to find
out more?

www.ispfostering.org.uk/about-us/fostering-training

